

The Daily Dose: Study Tips for Exam and Board Preparation

David E. Klingman, DMD

Diplomate, American Board of Oral and Maxillofacial Pathology

Diplomate, American Board of General Dentistry

The Daily Dose: Summary

The summary of 'daily doses' and conversations included:

- 8/1 (clinical) oral dysesthesia and (histology) low grade salivary tumors
- 8/5 (clinical) oral aphthae and (histology) soft tissue tumors
- 8/13 (clinical) oral manifestations of rheumatologic disease and granulomatous diseases
- 8/13 (histology) an exercise in histopathology: blue cell/undifferentiated tumors EXERCISE
- 8/19 (histology) bone pathology
- 8/24 (histology) an exercise in histopathology: blue cell/undifferentiated tumors FEEDBACK
- 8/24 (histology) lymphoid, histiocytic and granulomatous diseases
- 8/24 (histology) odontogenic cysts and tumors
- 8/26 (histology) lymphoid, histiocytic and granulomatous diseases EXERCISE AND FEEDBACK
- 8/29 (histology) salivary gland tumors EXERCISE AND FEEDBACK
- 9/1 (histology) myofibroblastic and pericytic tumors EXERCISE AND FEEDBACK
- 9/1 (histology) physalliferous and xanthoma cells EXERCISE AND FEEDBACK

The exercises included some cases that I had put together which included histology, IHC and in some cases molecular testing; almost all were diagnoses I made with the assistance of colleague or expert opinion and have been the cases I've returned to when faced with something challenging.

The philosophy was to engage participants in a conversation on how to communicate a diagnosis, particularly for challenging cases not easily defined as benign/malignant, reactive/neoplastic, poorly differentiated/undifferentiated or those with high grade transformation.

The goal is to make the material formally available for download; I am engaged with my institution to have the material reviewed appropriately and I am engaged with three institutions for potential file sharing as well as with MedEdPORTAL for potential formal publication of this and other teaching tools, which include:

- 500+ slide *Clinical Image Atlas*
- Head and Neck Syndromes* (already informally circulating)
- Oral Pathology Terminology* (already informally circulating)
- 1400+ slide *Surgical Pathology Case Series*
- Cases of Histologic Interest* (the basis for much of the 'Daily Dose')
- OPNotes* (25 one-to-two page references covering topics in Oral Medicine, Oral Pathology, Oral Radiology)
- Pattern Recognition in Histology
- The Daily Dose* (prepared as .pdf documents for easier reference)